



CARE PROFESSIONAL

£11.50 - £21.50 per hour

Do you care about others and their wellbeing? Are you empathetic? Do you want to be part of an amazing team? If so, we will provide you with the necessary skills for a career in care.

Martlets Care believes in high quality home care. We cover Brighton and Hove, and the surrounding areas and support adults of all ages and a range of conditions with all aspects of daily living to enable them to stay as independent as possible and remain in their own home.

Any profits we make are paid forward to the Martlets who support people living with a terminal illness across Brighton and Hove, the Deans and Havens.

What's in it for you (benefits):

- Competitive rates of pay, basic rate of £11.50 per hour
- Enhancements for evening and weekend working
- Contracted hours available
- Flexible hours so you can work around other responsibilities
- We provide paid ongoing training after a 7-day induction
- We pay you for time spent travelling, as well as mileage at 45p per mile
- You will have a dedicated Line Manager who will support and meet with you regularly
- We provide free uniform and provide all PPE
- We give you 4 weeks paid holiday a year
- Career progression within the organisation
- Refer-a-friend reward scheme
- Company sick pay (if on a contract)
- Free Employee Assistance Programme for legal, financial and wellbeing support
- Opportunities to work alongside Martlets Hospice clinical teams

What we need (requirements to be considered):

- No care experience necessary
- Willingness to learn
- Driving licence and access to own transport desirable but not essential
- Good communication skills
- Ability to work unsupervised
- Willing to work flexibly, including some evening, bank holiday and weekend work

Please note that we are unable to provide Visa sponsorship

Job Title: Care Professional

Location: Various

Main Purpose of Job:

- To provide person-centred care to clients to ensure delivery of a high-quality service
- To enable clients to live as independently, comfortably and securely as possible
- To promote the opportunity for clients to live in their preferred place of care by providing care and support to individuals and families
- To deliver care in accordance with practices, procedures and policies of Martlets Care

Main Duties:

- To carry out personal care tasks in accordance with the individual client care plan (see specific duties)
- To treat clients of the service with dignity, respect and maintain confidentiality, in line with our policies
- To observe, record and report any changes in client's condition to Martlets Care
- To comply with any risk assessments associated to the delivery of care and notify the Care Coordinator of any changes in their condition or circumstances
- To liaise with medical services in the general support and administration of medication in line with the Medication Policy
- To liaise/work in partnership with internal/external teams as required
- To follow correct working practices, procedures and policies and keep up to date with new policies and research-based practice
- To participate in regular supervision, team meetings and annual appraisal, in line with Martlets Care policies. Risk Assessment and Manual Handling
- To participate in training when required, including completion of the Care Certificate and the Diploma Programme
- To ensure that your log in and out times reflect the scheduled visit on your App rota and your completed support is factual and reflects the support you have provided on your visit.
- To undertake any other reasonable duties as required by Martlets Care

This job description is for guidance only and may be subject to review and revision as the requirements of the post change.

Internal Relationships:

- Accountable to the Registered Manager/ Senior Coordinator
- Supervision and Appraisal will be provided
- Close working team relationship with all other Care Professionals and Office team

Specific duties:

1. Assisting clients with personal care tasks, which will include washing, dressing, showering, bathing, dressing and undressing, oral hygiene, toileting and getting in and out of bed
2. Safe working practice to ensure good infection control
3. Maintaining a hygienic environment by ensuring cleanliness of client's rooms, i.e. bedding, sitting and any surfaces, work areas i.e. toilets, bathrooms and kitchens
4. Apply safe Manual Handling techniques
5. Care of skin and pressure areas
6. Providing assistance with continence
7. Assisting clients with their mobility using the appropriate equipment as instructed
8. Preparing and/or heating meals, drinks and snacks where necessary
9. Enabling clients to take their prescribed medication and completing the necessary documentation
10. Applying of creams or lotions as instructed within the care plan
11. Light Domestic Support, including hoovering, dusting, ironing and assistance with light gardening
12. Companionship for client either within their home or in the community at a venue of their choice
13. To comply with Confidentiality of all Martlets Care Operations and those involved with Martlets Care including Clients, their families and other staff members.

This list is not exhaustive and maybe subject to review from time to time.

Person Specification

Experience:-	Essential	Desirable
Previous work in a Care/health environment		X
NVQ Level 2 or equivalent		X
Full Driving Licence		X
Ability and skills:-	Essential	Desirable
Delivery of personal care		X
Good time keeping	X	
Kneeling and bending	X	
Willingness to complete all training arranged	X	
To use Mechanical/electrical equipment		X
Carrying varied products/supplies	X	
Eye for detail	X	
Aptitude in undertaking personal care and medication to person	X	
To Drive and access to a car		X
Access to have car insurance with business use, if a driver	X	
Good Communication both verbal and written	X	
To work unsupervised	X	
Willingness to learn	X	
Empathetic and understanding demeanour	X	
To follow the company's policies and procedures	X	
Other:-		
Good communication with anxious/concerned/distressed clients and their families	X	
Caring Attitude	X	
Respectful towards others	X	